

# Wellcome Kitchen



## All day menu

---

Served 11.30am to 4.30pm

## Soup and bread

---

**Homemade soup of the day, bread & butter (v) £5.50**

## Sandwiches

---

**Avocado BLT with smoked chili jam £5.95**

Bacon, lettuce, tomato, avocado on sourdough bloomer

**Rainbow sandwich (v) £5.50**

Golden beetroot, radish, yellow pepper and harissa hummus on focaccia bread

**Scottish salmon burger £10.95**

Chargrilled salmon fillet, fries, fennel and radish slaw, lime mayo on brioche bun

## Salads

---

**Moroccan spiced freekeh, baby sun-blush tomato and goat's cheese, parsley dressing (v) £9.50**

**Asparagus, Jersey royal potatoes, soft-boiled eggs, crushed peas, hazelnut oil vinaigrette (gf) (v) £9.50**

**Smoked mackerel, fine green beans, apple & watercress salad, horseradish dressing (gf) £11.50**

**Grilled chicken, baby gem, shaved parmesan, homemade croutons, classic Caesar dressing £11.95**

## Side Orders

---

**Fries (v) £3.50**

**Sweet potato fries (v) £4.00**

**Mixed leaf salad, lemon dressing (v) £3.50**

**Bread with early harvest olive oil (v) £3.00**

**Buttered kale £3.00**

## Aperitifs

---

**Aperol Spritz £7.50**

**Gordon's gin & tonic £6.50**

**Apple & Elderflower presse £6.00**

## Main Courses

---

**Wellcome Kitchen burger £12.50**

Smoked Applewood cheese, gherkins, tomato, mayonnaise - choice of side

**Pan-fried sea bream, caponata, salsa verde (gf) £13.00**

**Gnocchi, basil tomato sauce, freshly grated Parmesan (gf) £11.50**

**Grilled Portobello mushroom, avocado chimichurri dressing, fries (v) £9.50**

## Sharing Platters

---

**Rustic crudités £10.50**

Baby carrots, cherry tomatoes, cucumber sticks, baby fennel, long radishes, asparagus with broad bean hummus and a pecorino, basil, pine nut and crème fraiche dip

**Italian sharing board £11.50**

Prosciutto, cantaloupe melon, fresh fig, chunks of parmesan, balsamic dressing, bread with early harvest oil

## Puddings

---

**Warm chocolate brownie & ice cream (gf) (v) £5.00**

**Lemon posset (v) £5.00**

**Tiramisu (v) £5.75**

**Ice cream £3.75**

vanilla, gin and tonic, chocolate, flat white (gf) (v)

## Afternoon tea

---

Served 15.00 - 17.30

## Sparkling

---

**Prosecco Extra Dry Cantina Colli Euganei, Italy**

Soft and scented with apple notes & a delicious lightness

125ml Glass

£5.95

Bottle

£27.00

**Moscato, Innocent Bystander, Victoria, Australia 2015 375ml**

Wonderfully light at only 5.5%, slightly sparkling and dangerously moreish

£14.00

## White wine

---

175ml Glass

500ml Carafe

Bottle

**Casona di Castano Macabeo, Murcia, Spain**

Soft, juicy and well balanced with notes of citrus and green apple

£5.00

£16.00

£19.00

**Pinot Grigio Palazzo Grimani, Corte Giara, Veneto, Italy 2015**

Dry, crisp, elegant and very versatile

£6.30

£19.00

£24.00

**New Zealand Sauvignon Blanc, Tinpot Hut, Marlborough 2016**

A classic Sauvignon with aromas of passionfruit and melon

£7.80

£22.00

£28.00

## Rosé wine

---

**Casona di Castano Rosado, Murcia, Spain 2015**

Dry, fresh and fruit driven with ripe red berry aromas

£5.00

£16.00

£19.00

## Red wine

---

**Casona di Castano Monastrell, Murcia, Spain 2015**

A lovely vibrant red, with soft tannins and a delicate fruity finish

£5.00

£16.00

£19.00

**Merlot Grenache, Les Vignes de l'Eglise, Languedoc, France 2015**

Ripe plum and damson fruits with a touch of Christmas spice

£6.25

£17.00

£23.00

**Mendoza Malbec, Kaiken Reserve, Argentina 2015**

Velvety, sumptuous ripe black fruits with a lingering finish. Delicious

£7.00

£18.00

£26.00

## Beer & cider

---

**Estrella Damm, lager, 5.4%, Barcelona, Spain 330ml £4.50**

**Meantime Pale Ale, 4.3%, London, England, 330ml £4.50**

**Wyld Wood, cider, 6.5%, England, 500ml £5.25**

## Soft drinks

---

**Hildon still / sparkling water 330ml / 750ml - £2.20 / £3.60**

**Fresh orange juice £3.00**

**Fresh apple juice £3.00**

**Homemade lemonade £3.30**

**Cranberry juice £2.50**

**Coca Cola / Diet Coke £2.80**

## Coffee

---

**Espresso single / double - £2.10 / £2.40**

**Macchiato single / double - £2.10 / £2.40**

**Americano £2.60**

**Cappuccino £2.80**

**Latte £2.80**

**Hot chocolate £2.85**

**Mocha £2.90**

**Flat white £2.90**

## Pot of Newby loose leaf tea £2.75

---

**English breakfast**

**Earl Grey**

**Rosehip & Hibiscus**

**Chamomile flowers**

**Oriental sencha**

**Peppermint**

**Elderflower & lemon**

**Ginger & lemon**