

Starters

SOUP OF THE DAY – 6.95

Served with a garlic crouton 255 kcal

HERITAGE BEETROOT (v) – 7.5

Roast beetroot, beetroot carpaccio, goats' cheese, candied walnuts, red chard 125 kcal

ORZO PASTA (v) – 7.5

Buffalo mozzarella, roast peppers, baby spinach, red pesto, basil, basil oil 328 kcal

Pizzas

24 hour proved, 12" stone-baked sourdough pizzas

MARGHERITA (v) – 12

Basil, mozzarella, tomato 651 kcal

ORTOLANA (v*) – 14.5

Artichokes, olives, dried tomatoes, pepper, pesto, mozzarella 700 kcal

DIAVOLA – 14.5

Ventricina picante salami, tomato, mozzarella 877 kcal

BIANCO FORMAGGI – 15

Stilton, mozzarella, goats' cheese, Parmesan 854 kcal

CAPRICCIOSA – 14.5

Mozzarella, ham, olives, mushrooms, artichokes 871 kcal

ADDITIONAL TOPPINGS + 2

*Ask to make vegan

Alternative pizza bases are available, please speak to your server if you have an allergy

Mains

BUTTERNUT AND FETA SALAD (v) – 14

Quinoa, roast butternut squash, pickled red onion, toasted pumpkin seed, pomegranate molasses dressing 356 kcal

MANGO AND COCONUT CURRY – 16

Braised rice, coriander and chilli oil 420 kcal

Pick your protein: Tofu (v) 83kcal | Chicken 82kcal | Prawns 60kcal

BABY KALE CAESAR SALAD – 16

Grilled chicken, baby gem, shallot buttermilk dressing, shaved Parmesan 502 kcal

BANGERS AND MASH – 18

Traditional Cumberland sausage ring, creamy mashed potato, beer onion gravy 1097 kcal

PAN FRIED SEABASS – 21

Thyme and shallot sautéed potatoes, spinach and lemon purée, fried capers 319 kcal

FREE-RANGE SUPREME OF CHICKEN – 21

Wild mushrooms, grilled tenderstem broccoli, fondant potatoes, chicken jus 523 kcal

Burgers

All burgers served with lettuce, beef tomatoes, gherkins, house relish, toasted brioche bun, skin on fries

VEGETARIAN BURGER (v) – 17

Spicy bean burger patty 1042 kcal

SHORT-RIB MARROWBONE BEEF BURGER – 17

Double 3oz beef patties served with either sliced chorizo and melted Cheddar 1598 kcal or melted Stilton and smoked bacon 1403 kcal

(V) VEGETARIAN | (VG) VEGAN

We use a wide range of ingredients in our kitchen, some of which may contain allergens. Please let us know if you have a specific allergy or dietary requirement so we can let you know of the most appropriate food choice.

All Our chicken is halal and Red Tractor approved | Adults need around 2000kcal a day.

A discretionary 10% service charge will be applied to your bill which is distributed amongst all of the team

BENUGO BAR & KITCHEN

Sides

All 4.5

GRILLED TENDERSTEM BROCCOLI (vg) 66 kcal

RAINBOW SLAW (vg) 240 kcal

SKIN-ON FRIES (vg) 342 kcal

SWEET POTATO FRIES (vg) 184 kcal

BATTERED ONION RINGS (v) 460 kcal

GARLIC PIZZA BREAD (v) – 8 / 9

With / without cheese 473 kcal

Desserts

CHOCOLATE TART (v) – 8

Raspberry compôte 309 kcal

VANILLA CHEESECAKE (v) – 8

Poached pear, spiced wine syrup 497 kcal

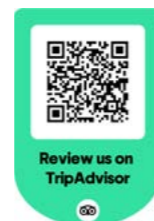
2 / 3 SCOOPS OF ICE CREAM (v) – 4.5 / 5.5

Please ask for today's flavours 53 kcal

PLEASE ASK US ABOUT THE ALLERGENS
IN OUR FOOD

WE'VE ALL BEEN THERE, LEFT THE HOUSE IN A RUSH
AND FORGOTTEN THE MOST IMPORTANT THINGS!

That's why we have a few of the necessities, complimentary, should you need it: baby milk, nappies, wipes, baby food and bibs. Just ask your server.



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John Tunnard, 47.