

ESPRESSO BAR

GRAB AND GO

MANGO, PASSION FRUIT AND PISTACHIO YOGHURT (V) Lemon chia yoghurt, pistachio, pomegranate and mango passion fruit coulis 301 kcal	4.95
BLUEBERRY AND GRANOLA YOGHURT (V) Lemon chia yoghurt, blueberries, nut and seed granola and blueberry compote 388 kcal	4.95
TUNA ROCKET AND CUCUMBER BLOOMER Tuna mayonnaise, cucumber and rocket on malted bloomer bread 552 kcal	5.25
FREE-RANGE EGG MAYONNAISE AND CRESS BLOOMER (V) Free-range egg mayonnaise and cress on malted bloomer bread 537 kcal	3.95
VEGAN PLOUGHMAN'S BLOOMER (VG) Vegan cheese, semi-dried tomatoes, pickled onions, sweet pickle and vegan lemon aioli mayonnaise on malted bloomer bread 662 kcal	5.95
CURRIED CHICKEN BLOOMER Curried chicken mayonnaise, mango chutney, cucumber and spinach on malted bloomer bread 550 kcal	5.95
SMOKED SALMON AND CREAM CHEESE BAGEL Smoked salmon and cream cheese with rocket on a seeded bagel 388 kcal	5.95
INDIAN CHICKEN WRAP Indian chicken, cucumber, red pepper, pickled onion, coriander and spinach with green chilli aioli on a spinach tortilla 486 kcal	7
KATSU ROASTED CAULIFLOWER WRAP (VG) Katsu roasted cauliflower, Asian slaw, cucumber, crispy onion, sriracha chickpeas and spinach with katsu mayonnaise on a curried tortilla 593 kcal	7

SOFT DRINKS

COCA-COLA / DIET COKE / COKE ZERO	3.25
SANPELLEGRINO	3.25
LIFE STILL/SPARKLING WATER	2.35
BENUGO REUSABLE WATER BOTTLE	3.95

PLEASE ASK US ABOUT THE ALLERGENS IN OUR FOOD

(V) VEGETARIAN | (VG) VEGAN

We use a wide range of ingredients in our kitchen, some of which may contain allergens. Please let us know if you have a specific allergy or dietary requirement so we can let you know of the most appropriate food choice.

Adults need around 2000 kcal a day

Operated by
BENUGO



THE
ROYAL PARKS
THE REGENT'S PARK

ESPRESSO BAR

HOT DRINKS

ESPRESSO sngl / dbl 2 kcal	2.60 / 3
MACCHIATO sngl / dbl 6 kcal	2.65 / 3.10
FLAT WHITE 117 kcal	3.75
AMERICANO 2 kcal	3.45
CAPPUCCINO 135 kcal	3.85
LATTE 202 kcal	3.85
MOCHA 282 kcal	4.15
CHAI LATTE 366 kcal	3.85
MATCHA LATTE 151 kcal	4.45
HOT CHOCOLATE 310 kcal	3.95
INDULGENT HOT CHOCOLATE 432 kcal With whipped cream and marshmallows	4.75
TEA 1 kcal English breakfast, Earl Grey, Oriental sencha, Peppermint, Chamomile	2.95
BABYCCINO 44 kcal	FREE
EXTRA COFFEE SHOT 2 kcal	0.60
SYRUP SHOTS	0.60
MILK ALTERNATIVES	FREE

ICED DRINKS

ICED LATTE 151 kcal	4.45
ICED AMERICANO 2 kcal	4.45
ICED CHERRY MATCHA 218 kcal	4.45
ICED PASSION FRUIT AND MANGO MATCHA 119 kcal	4.45
ICED MATCHA LEMONADE 56 kcal	4.45

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PASTRIES

PAIN AU CHOCOLAT (V) Freshly baked golden pastry with a rich dark chocolate filling 284 kcal	3.25
PAIN AUX RAISINS (V) Freshly baked crisp pastry topped with raisins 319 kcal	3.25
ALMOND CROISSANT (V) Freshly baked all butter croissant topped with almonds 386 kcal	3.25
CROISSANT (V) Freshly baked all butter croissant 256 kcal	2.80
RASPBERRY CROISSANT (VG) An indulgent raspberry-filled vegan croissant 297 kcal	3.25

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